

YAQUATICS™

We build strong kids, strong families, strong communities.

2 NEW Swim Team programs for ages 9-14

INTRODUCTION TO SWIM TEAM AND ENDURANCE SWIM

These programs are designed to work with moderate swimmers to teach them basic swim team skills.

Program Descriptions:

- **Intro to Swim Team participants will work on stroke development**
- **Endurance Swim will work on stamina**

Our goal is to guide swimmers into the competitive swimming atmosphere as easily and comfortably as possible. We continue to strive for service to our community as well as providing programs that build a healthy spirit, mind, and body for all.



Group & Age	Day / Time	Max Member	Community Member
Intro To Swim Team Ages 9-14	T, Th, & F (at the Y) 6:00-7:00 pm	\$150	\$240
Endurance Swim Team Ages 9-14	T, Th, & F (at the Y) 6:00-7:00 pm Saturday (Norris Pool) 9:30-10:30 am	\$150	\$240

Prices above listed in 3 month sessions

Register at the Greater Naples YMCA

For more information please contact Member Services at the Greater Naples at 239-597-3148
Or check our website: www.ymcapalms.org



Greater Naples YMCA
5450 YMCA Rd. Naples, FL. 34109
239-597-3148 www.ymcapalms.org

Our mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.